<u>FOOD BANKS IN NORTH BAY</u> – updated March 2017
Please note: Hours of operation may change over time. Before making any long trips, call and check times.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NORTH BAY FOOD BANK	SALVATION ARMY			
1016 Fisher Street	1016 Fisher Street	1016 Fisher Street	1016 Fisher Street	134 McIntyre Street E
705-495-3290	705-495-3290	705-495-3290	705-495-3290	705-474-7859
9 am – 12 noon	9 am – 12 noon	3 pm – 6 pm	3 pm – 6 pm	10:00 am – 12:00 noon
				1:00 pm – 3:00 pm
ONCE EVERY 30 DAYS	ONCE EVERY 2 MONTHS			
Need rent, proof of address, income statement and ID	Need rent, proof of address, income statement and ID	Need rent, proof of address, income statement and ID	Need rent, proof of address, income statement and ID	Need rent, income statement
income statement and ib	and ID			
				and 15
ST. PETERS CATHOLIC	CATHOLIC CHARITIES	ST JOHNS ANGLICANS CHURCH	ST. BRICES ANGLICAN CHURCH	
CHURCH	387 Algonquin Avenue	301 Main Street East (in the church	1225 Cassells Street	
299 Airport Road	705-472-3970	hall)	705-474-4005	
705-472-1817		705-472-6070		
Must call on Monday – no	9 am – 11:30 am	0.00 40.00	9 am – 10:30 am	
messages	ONCE A MONTH	9:30 am – 10:30 am	EVERY WEEK	
1 pm – 2 pm	ID required	EVERY WEEK	ID required for first visit	
(pick up required)	15 required	ID required	ib required for mot visit	
(prox ap required)				
ONCE A MONTH				
Need ID & proof of address				
TRINITY UNITED CHURCH	REDEEMER LUTHERAN CHURCH		ST VINCENT de PAUL SOCIETY	
111 McIntyre Street East 705-474-3310	Second Avenue & Ferguson 705-472-9169		280 Fifth Avenue East 705-497-9784	
705-474-3310	705-472-9109		705-497-9764	
9:30 am – 11 am	9:30 am		12 noon – 1:30 pm	
o.oo am iir am	0.00 am		12 Heen 1.00 pm	
ONCE A MONTH	FIRST COME FIRST SERVED		EVERY TWO MONTHS	
ID REQUIRED	Limited food		Need rent, income statement and	
			ID	
	PANTRY SWAP PROGRAM		ST. ANDREWS UNITED CHURCH	
	365 Lakeshore Drive		Loaves and Fishes	
	705-471-1442		399 Cassells Street	
	/05-4/1-1442		705-472-7680	
	Every 2 nd Tuesday		100 112 1000	
	9am – 11am & 1pm – 3pm		8:30 am – 10:30 am	
	Cam Fram a Ipin Opin			
	For Nipissing District Housing		BIWEEKLY	
	Corporation tenants only. Can swap		Can choose 5 items	
	unexpired, non-perishable items.		Need ID, proof of address	
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OTHER PROGRAMS – updated March 2017

Note: Hours of operation may change over time. Before making any long trips, call and check times.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
THE GATHERING PLACE	THE GATHERING PLACE	THE GATHERING PLACE	THE GATHERING PLACE	THE GATHERING PLACE	SATURDAY
392 Algonquin Ave	392 Algonquin Ave	392 Algonquin Ave	392 Algonquin Ave	392 Algonquin Ave	HOLY NAME OF JESUS
705-474- SOUP (7687)	705-474- SOUP (7687)	705-474- SOUP (7687)	705-474- SOUP (7687)	705-474- SOUP (7687)	CHURCH
		,		()	146 Beth Avenue
BREAKFAST SERVED	BREAKFAST SERVED	BREAKFAST SERVED	BREAKFAST SERVED	BREAKFAST SERVED	705-472-1806
Monday-Friday	Monday-Friday	Monday-Friday	Monday-Friday	Monday-Friday	ST. FRANCIS TABLE
9 am – 10 am	9 am – 10 am	9 am – 10 am	9 am – 10 am	9 am – 10 am	WARM MEAL
					3 rd Saturday/Month
LUNCH SERVED	LUNCH SERVED	LUNCH SERVED	LUNCH SERVED	LUNCH SERVED	11:30 am - 1:15 pm
Monday- Friday	Monday- Friday	Monday- Friday	Monday- Friday	Monday- Friday	
11:30 am - 1:15 pm	11:30 am - 1:15 pm	11:30 am- 1:15 pm	11:30 am - 1:15 pm	11:30 am - 1:15 pm	THE GATHERING
					PLACE 392 Algonquin Ave
					705-474- SOUP (7687)
					DINNER
					4 pm – 5:30 pm
					. р
THE GATHERING PLACE		INFANT FOOD SHELF	GOOD FOOD BOX	THE GATHERING PLACE	ST. JOHN'S ANGLICAN
392 Algonquin Ave	NORTH BAY HELP AND	AT TRINITY CHURCH	NIPISSING	392 Algonquin Ave	CHURCH
705-474- SOUP (7687)	PREGNANCY RESOURCE	UNITED	1111 1001110	705-474- SOUP (7687)	301 Main Street East
	CENTRE	111 McIntyre Street East	Small box \$10		705-472-6070
DINNER	323 Algonquin Avenue	705-474-3310	Large box \$20	DINNER	COMMUNITY BRUNCH
4 pm – 5:30 pm	705-474-9270 ID REQUIRED	*Up to 12 months*		4 pm – 5:30 pm	2 nd Saturday/Month
	ID REQUIRED	ID REQUIRED	Available for purchase		9 am - 10:30 am
	PREGNANCY HELP AND		monthly		
PREGNANCY HELP AND RESOURCE CENTRE	RESOURCE CENTRE	PREGNANCY HELP AND RESOURCE CENTRE	9 am – 4 pm	PREGNANCY HELP AND RESOURCE CENTRE	EMMANUEL UNITED CHURCH
10 am – 4 pm	10 am – 4 pm	10 am – 4 pm	D	10 am – 4 pm	395 Lakeshore Drive
323 Algonquin Avenue	323 Algonquin Avenue	323 Algonquin Avenue	Payment and pickups at the Indian Friendship Centre on	323 Algonquin Avenue	705-472-1806
705-474-9270	705-474-9270	705-474-9270	Cassels & the Nurse	705-474-9270	COMMUNITY BRUNCH
ID REQUIRED	ID REQUIRED	ID REQUIRED	Practitioner LED Clinic on	ID REQUIRED	4 th Saturday/Month
			Lakeshore Drive.		9 am - 10:30 am
		ST. JOHNS ANGLICAN			SUNDAY
		CHURCH	PREGNANCY HELP AND		SALVATION ARMY
		301 Main Street E	RESOURCE CENTRE 10 am – 4 pm		134 McIntyre Street East
		705-472-6070	323 Algonquin Avenue		705-474-7859
		OPEN ARMS CAFÉ	705-474-9270		Gospel Fellowship Café
		5:30 pm – 7 pm	ID REQUIRED		Every Sunday except the
		EVERY WEEK			first Sunday of the month
		(meal served from			6 pm
		5:30 pm – 6:30 pm)			2 5
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		ALL WELCOME			